



Write a letter to your future self. It could be your future self in 1 year, 2 years, 5 years, or even 10. What would you like to say to your future self? What kind of person do you think you will be? What advice would you give yourself? Is there anything you would like to remind your future self? Have fun and be imaginative.

Once you have completed, put this letter in an envelope and write “Open this letter on _____” on it. Open the letter and read it on the date you wrote.

Dear Future Self,

Sincerely,

My Past Self