

## Reflection - Kindness Rocks

Rock painting is a fun craft activity but have you ever thought about painting a rock with a kind word or thought? Many people paint rocks and hide them in the community as a happy and encouraging thing for others to find. Try painting some of your own rocks and then hiding them in your community for others to find and brighten someone's day.



## Materials

- Flat stones
- Paint
- Modge podge
- brushes